



# REAL PEOPLE. REAL HELP. 24/7.

Life can get stressful sometimes. Like when your toddler has a fever at midnight, or you're trying to help an elderly parent schedule a medical appointment. Luckily, there's BeWell 24/7<sup>SM</sup>, a service exclusively for Wellmark members.

It's so much more than a nurse line. It's real help from real people 24/7. With BeWell 24/7, you'll have access to:



BeWell 24/7<sup>SM</sup>

844-84-BeWell

- 1 HEALTH ADVOCACY** — Get personalized help coordinating care, locating specialists, scheduling home-care services, transferring medical records and more.
- 2 NURSE SUPPORT** — Having side effects from a new drug? Want to better understand a diagnosis? A registered nurse can provide trusted insight and recommend next steps.
- 3 CARE NAVIGATION** — Receive information from health professionals who can help you better understand your health condition and learn more about how Wellmark can help.



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